

## Circuits :: **Explore the North**

### [Douro's wine traditions]



Douro is a valley, it is a vineyard, it is wine! UNESCO has recently classified this enchanted valley as World Heritage.

Wine has been produced by traditional landholders in the Alto Douro region for some 2,000 years. Since the 18th century, its main product, port wine, has been world famous for its quality. This long tradition of viticulture has produced a cultural landscape of outstanding beauty that reflects its technological, social and economic evolution.

An excellent opportunity to explore culture, wine tradition, contact with the local producers and people, and local gastronomy surrounded by a beautiful natural landscape.

### [Program]

#### **Day 1 – The arrival!**

Our representative will welcome you at Lisbon's airport, assist you and transfer you to your accommodation. The rest of the day is free.

#### **Day 2 – The Douro Valley**

Check-out the Hotel. Guided visit to the Douro Valley. We explore Douro's historical small cities, Amarante, Mesão Frio, Régua and Vila Real. Its history is intimately related to wine production. The "Quinta da Pacheca" (near Régua) is one of the most interesting spots of our visit; this is an ancient Port wine producer (visit and wine tasting activity).



We follow to Sabrosa and Check-in at the hotel. Welcome drink and Dinner at the Hotel.

### Day 3 – Wine Day

Our morning starts with a visit to one of the oldest producers of Moscatel de Favaios, a golden wine with a soft perfume and a subtle flavour. Our host in the “Quinta” will show you the “Vinhas”, the wine cellars and of course you’ll have the opportunity to taste the wine and the traditional gastronomy. The lunch and the afternoon will be in “Quinta do Panascal”, property of Fonseca, one of the most respectful Port wine producers. The rest of the afternoon is free and the dinner is at the Hotel.

### Day 4 – River cruise and the “green wine”

Check-out from the Hotel. River cruise in the Douro (its landscape is classified as World Heritage by UNESCO). We lunch in a typical restaurant, with traditional gastronomy. In the Afternoon we drive to Oporto, but we stop in “Quinta da Aveleda” for a visit and wine tasting. This is one of the biggest Portuguese producers of “vinho verde” (green wine). We finally drive to Oporto and check-in the Hotel. The rest of the day is free.



### Day 5 – Discover Oporto

This is the right moment to discover Oporto, first with a half day city tour and then by your own (free afternoon). Dinner is at Chez Lapin, one of the most typical restaurants in the Oporto historical centre. The rest of the night is free.

### Day 6 – Free day!

Free day. You may continue to discover Oporto by yourself, take a break or book an extra tour with our guide.

### **Day 7 – The roots of the Portuguese nation**

Today is the opportunity to celebrate the birth of the Portuguese culture. We visit Guimarães (birth of the Portuguese Nation, classified by UNESCO as World Heritage). We follow to Braga, (ancient city in the Portuguese religious life and monuments). Viana do Castelo is our final stop. This city is full of maritime tradition, amazing patrimony and luxurious vegetation. We return to Oporto. The rest of the day is free.

### **Day 8 – Departure**

Check-out from the hotel and transfer to the airport  
End of our services.